

## NACACTFCA BOARD OF DIRECTORS

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## CONGRESS GUEST SPEAKERS

**KEYNOTE: Dr. Wolfgang Ritzdorf (GER)**  
Senior lecturer at the Institute of Motor Control and Movement Technique at the German Sports University Cologne, and former national coach for Germany and senior lecturer for IAAF Coaches Education and Certification. He has coached 6 women over 1.90m in the high jump including Ulrike Meyfarth (1984 Olympic Champion) and Heike Henkel (1992 Olympic Champion). He is the Director of the new IAAF World High Jump Centre in Cologne.

**Carlos Cavalheiro - Endurance Events (BRA) -**  
The Head National Jumps Coach of Brazil and personal coach of some of the best long distance runners from Brazil. His scientific approach to training and long term development of his athletes is unique and proven to obtain great results.

**Juan De La Garza - Throws (MEX) -** Throws coach at Texas A&M and Mexican javelin record holder at 260'6". He represented his country in five world championships. He has developed numerous all-American javelin throwers at LSU and A&M.

**Nelio Moura - Horizontal Jumps (BRA) –**National jumps coach of Brazil for almost a decade and coach of several Olympic and WC jumpers, including Mauren Maggi and Irving Saladino. A specialist in specific strength training for jumpers and an excellent author and lecturer on jumps training.

**Dennis Shaver - Sprints/Hurdles (USA)** Head coach at LSU and coach of dozens of sprint and hurdle champions and all-Americans. Coach Shaver's athletes, including Xavier Carter and Lolo Jones, have excelled at the highest levels of competition nationally and internationally.

*\* Simultaneous translation will be offered in English and Spanish for all presentations*

## CONGRESS PROGRAM

### Thursday, October 9

**3:00pm-6:00pm** Registration  
**7:00pm-9:00pm** Happy Hour & Snacks

### Friday, October 10

**9:00-10:00am** Opening Ceremonies  
**10:15-11:45am** Keynote Presentation  
Dr. Wolfgang Ritzdorf  
Luncheon  
**12:00-1:00pm** Distance - Carlos Cavalheiro  
**1:15-2:30pm** Sprints – Dennis Shaver  
**2:45-4:00pm** Horizontal Jumps – Nelio Moura  
**4:15-5:30pm** Roundtable Discussion  
**5:30-6:00pm** Night in Oranjestad!  
**7:00pm**

### Saturday, October 11

**9:00-10:15am** Throws – Juan De La Garza  
**10:30-11:45am** Hurdles – Dennis Shaver  
**12:00-1:00pm** Luncheon  
**1:15-2:30pm** Pole Vault – Richie Mercado  
**2:45-4:00pm** High Jump – Dr. Wolfgang Ritzdorf  
**4:00-4:30pm** Roundtable Discussion  
**4:30-5:30pm** NACACTFCA Congress Elections, Raffle, and Closing  
**7:00-10:30pm** Evening Banquet and Local Entertainment

### Sunday, October 12 Local Tours & Departures



**Proud sponsor of the**  
**NACACTFCA**

**CONGRESS HEADQUARTERS  
HOLIDAY INN SUNSPREE RESORT  
ARUBA**

The *Holiday Inn SunSpree Resort* has been selected as the headquarters for the 18<sup>th</sup> annual NACACTFCA Congress. This luxurious beach resort is offering a special rate of \$123.00 for a single room and \$139.00 USD for a double per night (includes 19.1% hotel tax) for delegates to the Congress. The rate includes daily breakfast buffet. **You must make your own reservation by September 1, since NACACTFCA will not include the hotel in the registration fee.**

Please make your reservation with:

**Danny Fernandes, Sales Manager**  
**Holiday Inn SunSpree Resort - Aruba**  
email: [Danny.Fernandes@ihg.com](mailto:Danny.Fernandes@ihg.com)  
[www.aruba.sunspreeresorts.com](http://www.aruba.sunspreeresorts.com)

Phone: 297.586.3600 / FAX 297.586.5165

Make sure you make your reservation by September 1<sup>st</sup>, 2008, and mention that you are making your reservation for the NACACTFCA Congress in order to get the special rate. Make your reservation on time since the rooms with that rate are limited.

Please visit the NACACTFCA web site:  
[www.nacactfca.org](http://www.nacactfca.org)



**NACACTFCA CONGRESS REGISTRATION**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE or PROVINCE \_\_\_\_\_  
COUNTRY \_\_\_\_\_ POSTAL CODE \_\_\_\_\_  
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**CONGRESS REGISTRATION FEE**

**\$175.00 for NACACTFCA members**  
**\$225.00 for non-members**

Congress fee includes registration, materials, proceedings, T-shirt, welcome reception, door prizes, luncheon, banquet, ground transportation. **(To provide ground transportation we must receive your arrival information by October 6<sup>th</sup>).**

**\*In order to get the registration fee discount for members you must have paid your membership fee by September 30<sup>th</sup>, 2008.**

Please complete the above registration form and return with International Bank Draft, Traveler Check or Money Order. You can send registration to:

**Victor López**  
**PO Box 4770**

**Carolina, Puerto Rico 00984-4770**

**Tel: (787) 762-5400 - Office**

**Tel: (787) 791-7032 - Private**

**(787) 253-2982 FAX**

**(787) 367-1421 Mobile**

email: [victorlp8@aol.com](mailto:victorlp8@aol.com) / [rmercado@sjs.org](mailto:rmercado@sjs.org)

**\*Personal Checks will not be accepted\***



**2008**

**18<sup>th</sup> NACACTFCA  
INTERNATIONAL  
ATHLETIC  
CONGRESS**

***The Art of Coaching in  
the 21<sup>st</sup> Century***

**October 9-12, 2008**

**Holiday Inn SunSpree Resort**

**Aruba**

